

Some Prayers for Children and Families...

Good Morning, Jesus

Jesus, you are good and wise
I will praise you when I rise.
Jesus, hear this prayer I send
Bless my family and my friends.
Jesus, help my eyes to see
All the good you send to me.
Jesus, help my ears to hear
Calls for help from far and near.
Jesus, help my feet to go
In the way that You will show.
Jesus, help my hands to do
All things loving, kind, and true.
Jesus, guard me through this day
In all I do and all I say. Amen.

-- *Author Unknown*

Hurry to Pray (Adapted from Philippians 4:6-7)

I won't fret and I won't worry
Instead I'll hurry to pray.
I'll turn my problems into petitions
And lift my hands in praise.
I'll say goodbye to all my fears,
His presence sets me free
Although I may not understand
I feel God's peace in me.

--*Mary Fairchild © 2018*

The Lord Bless You and Keep You

(Numbers 6:24-26, New International Reader's Version)

"May the Lord bless you and take good care of you.
May the Lord smile on you and be gracious to you.
May the Lord look on you with favor and give you peace."

You Alone Are My Safe Place

(Adapted from Psalm 91)

Lord, Most High,
You are my shelter
And I rest in your shadow.

You alone are my safe place.
I trust in you, my God.

You will rescue me
From every trap
And protect me from disease.

You will cover me with feathers
And shelter me with your wings.

Your faithful promises
Are my armor and protection.

I am not afraid of the night
Or the dangers that come by day.

I am not afraid of the dark
Or disaster that strikes in the light.

No evil will touch me
No evil will conquer me
Because God is my refuge.

No plague will come near my home
Because the Lord Most High is my shelter.

He sends his angels
To protect me wherever I go.

The Lord says,
"I will rescue those who love me.
I will protect those who trust in my name."

When I call, he answers.
He is with me in trouble.

He will rescue me
He will save me.

Five-Finger Prayer Game

... To do the Five-Finger Prayer Game, have the kids hold their hands together in a posture of prayer, using each finger as a prayer guide. You can reinforce the prayer concepts by explaining how each finger works as a reminder: the thumb is positioned closest to us, the pointer finger gives direction, the middle finger stands above the others, the ring finger is weaker than most of the others, and the pinky is the smallest.

- **Thumb:** Say a prayer for those closest to you.
- **Pointer:** Say a prayer for school teachers and Sunday school teachers.
- **Middle:** Say a prayer for the president and the country.
- **Ring:** Say a prayer for a sick person or someone with a serious need.
- **Pinky:** Say a prayer for yourself.

Fairchild, Mary. "6 Prayers of Protection to Teach Children." Learn Religions, Feb. 11, 2020, [learnreligions.com/prayers-of-protection-701301](https://www.learnreligions.com/prayers-of-protection-701301)

Lord Be Beside Us

This prayer asks God to guide and protect the whole family.

“Lord be beside us, all every day
Guiding and leading us gently always.
Lord be above us, help us to see
The hope of the future, of all we could be.
Lord be beneath us, carry us when
We’re too shattered or tired to really have strength.
Lord be ahead of us, smoothing our paths
Protecting and blessing the places we pass.
Lord be behind us, healing our wounds,
Forgiving our mistakes and making us new.
Lord, be within us, this family is yours
Now and forever, you are our Lord.”

St. Patrick's Breastplate" Protective Prayer:

Celtic monks used it to start their day. The hymn was several stanzas long, and the last two stanzas were especially memorable and moving:

Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me.

Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger.

I bind unto myself the Name,
The strong Name of the Trinity;
By invocation of the same.
The Three in One, and One in Three,

Of Whom all nature hath creation,
Eternal Father, Spirit, Word:
Praise to the Lord of my salvation,
Salvation is of Christ the Lord.