



## Music is Therapeutic for All!

Through the generosity of the New Canaan Community Foundation, Saint Catherine Center offered a special music program this year. Every Wednesday afternoon, the halls of the Center are filled with sounds of drums, cymbals and hand clapping under the skillful direction of Matt Hennessy of Arts for Healing.

This collaboration with Arts for Healing has been in place for 4 years now. The first year was funded with a seed grant from the Valerie Luff Foundation. The New Canaan Foundation recognized the partnership with Arts for Healing, a New Canaan based non profit and supported our grant application to offer this enhanced arts programming for both the Academy and

the Center Adult Program. In addition to music, the grant supports a dance therapy program for students enrolled in the Academy.

By providing interactive and enriching artistic experiences, young people increase communication, attention span, fine and gross motor skills, social skills, and language development. As they progress,

their renewed awareness and self-confidence is carried with them into their family relationships, school settings, and community.



Matt and his guitar lead the group in interactive song.



The group actively participates in the session.



## Spring Dinner Dance Was a Hit!

We returned to the Community Room at Saint Pius X Parish on May 20th for our spring dinner dance. Well over 100 guests enjoyed good food, companionship and music. The room was rocking with twists, Elvis, the Chicken Dance and many other fun dances. Many thanks to the Knights of Columbus Council and the Youth Group from Saint Andrew's Parish in Bridgeport.



The conga line formed and travelled throughout the hall. Music was provided by Herb Ramirez.



## Vacation Schedules



Please let us know if you have family vacation or camp plans so that we are able to plan staff coverage for the summer.

**Program note: The Center is closed the week of August 1-7.**

## Upcoming Dates

- June 8 11:00 am  
Graduation - Saint Catherine Academy
- June 12 5:00 pm  
Annual Dinner  
Fairfield University
- July 4  
Independence Day  
No Program
- August 1-7  
Summer Shut down  
No Program  
Program returns August 8



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**For more information**

It is walking season, so don't forget to apply sunscreen before you come to the Center!

