



Partnership with Sacred Heart University

Saint Catherine Center has partnered with Occupational Therapy Program to develop an inventory of activities to engage our young adults. The goal is to provide a wider range of activities and developing skills related to making choices. Many of our families identified a need to increase their young person's ability to 'entertain' themselves in the absence of a schedule. We committed to assist families in this goal. Over the next few months, four Sacred Heart University Master level occupational therapy students will be conducting their capstone project here. Their capstone project will focus on implementing a program centered around leisure and choice. Through various activities, our young adults will be given the opportunity to identify likes and dislikes, participate in an enriching experience, while increasing social interactions. Our hope is this program affords these individuals the opportunities to engage in meaningful activities while creating friendships that are maintained outside the walls of St. Catherine's.

As we meet for annual planning meetings, we will share these with you. We are looking forward to some creative ideas! A photo release form is attached for your approval. Please return at your earliest convenience. Thanks.



Emily and Lindsay made peanut butter bars on Thursday. Emily worked in the kitchen, measuring, mixing, spreading and waiting! Then she proudly served them to her peers to great reviews. If you are interested in the recipe, let us know!

Welcome to our Program

Join us in welcoming Tyler to our program. He is from Westport and joined our group in September. He loves to sing!



We want to hear from you...

Back in the Fall of 2016, the Board of Directors engaged the National Executive Service Corps (NESC) to assist in evaluating the opportunities for the establishment of a social enterprise at Saint Catherine Center. Of the several ideas that NESC presented, the Center staff and board has decided to pursue a business that would provide socially responsible employment to individuals with special needs through the operation of a bakery. The Saint Catherine Center (SCC) bakery would create an atmosphere where each young person could assist in some aspect of the business based on their individual skills, potential and interest. Product selection, baked good production, packaging, labeling, distribution and marketing are all aspects that may involve our students and day program participants. The goal of the bakery is to provide a work environment where each has an opportunity to showcase talents while working with peers. Several ideas for the name of the business are being reviewed. Let us know which one you like best:

1. Special'kneads'Treats@stcatherinecenter.org
2. HeavenlyTreats@stcatherinecenter.org
3. llovetreats@stcatherinecenter.org
4. FourHeartsBakery@stcatherinecenter.org

Send in your vote on the attached form.

We will be trying our some recipes this month and will keep you posted.

Under Construction



As we grow, our space needs are changing. In collaboration

with Holy Cross Parish, we have secured approximately 700 sq. of additional space that is currently being renovated. We will use this space for our exercise equipment and as a project space for our expert puzzle builders and shredders.

We are excited about this opportunity and hope that it is complete by the end of November.

Upcoming Dates



Friday, October 6
*Fishing Trip and Mall Trip
Bag Lunch
(No swimming - Self
transport pick up at Center)*

Monday, October 9
*Columbus Day
Center Closed*

Thursday, October 12
Cooking Day

Thursday, October 19
*Visit to Silverman's Farm
Bag Lunch*

Thursday, October 26
Cooking Day

Tuesday, October 31
Halloween

*Costume Party (bring in
costume) Bag Lunch
(No swimming - Self
transport pick up at Center)*

We are going to celebrate Halloween with an afternoon party. Individuals may bring their costume and they will put them on for the afternoon festivities!

