



# SAINT CATHERINE CENTER FOR *Special Needs*

## Adult Services Program

### *Fact Sheet*

#### *A Community's Need*

Some individuals with multiple or intellectual disabilities or other developmental disability benefit from an adult day program. Their interests, needs, and abilities are best served in a small, caring environment that offers a variety of choices and an appropriate peer group to stimulate social interaction and further develop social skills.

#### *A Commitment to Serve*

Saint Catherine Center for Special Needs is a DDS-approved adult day service option and is affiliated with the Diocese of Bridgeport. The Center is a purposefully built facility that is fully accessible, technologically current, and includes features such as a Life Skills Apartment and gym.

#### *A Center for Learning*

Established in 2015, the Adult Program is the natural extension of Saint Catherine Academy, a special education school that has provided alternative education opportunities since 1999. The Academy is a state-approved private special education school founded on Catholic principles while accepting students of all faiths.

#### *A Program with a Purpose*

The Adult Services Program is designed to provide options to individuals and their families that include recreational, vocational, creative, and life skills programs, as well as social interaction with peer groups and access to the community. The goal of the program is to expand the skills and experience of each individual, assisting them in improving their quality of life. The emphasis on relationship-building and improved quality of life provides a meaningful array of activities that touch on each individual's strengths and interests.

#### The Program:

- creates opportunities to participate in community life;
- develops life skills competencies;
- supports the ability to make personal choices for their future;
- develops and maintains relationships with family members and friends;
- treats all with dignity and respect.

#### *For more information*

**Saint Catherine Center for Special Needs**

**Adult Services Program**

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